

Mentorship Program (2021-22)-A

1. General Introduction and Commencement dates of the Schemes for the Sessions

With a view of establishing a healthy communication mechanism among the teachers and students for overall development of the academic environment, the mentorship program of Sikh National College is aimed at personal communication between a teacher and student to solve, guide and address the issues of the students for their overall development apart from classroom teaching with utmost 36 Teacher-mentors teaching in different academic departments of the college. Since then each teacher-mentor is allotted approximately 1-30 mentees for facilitating the students.

Monthly two sessions are conducted by every teacher-mentee with his or her mentees.

2. List of Mentors and Mentees along with effective mentor mentee ratios

In order to execute the mentorship exercise, a teacher is assigned around 30 students for personal interaction with each allotted student. In this way, student can freely discuss, and share his/her query with the teacher in an effective and efficient manner.

List of Students chosen for Mentorship Program

Session: 2021-22

Mentor-Mentee Group Number	Teachers Mentor	Department	Class	Mentee Roll Number
1.	Aabid Vaqar	Computer Science	B.Sc.Med-I	1-12 & 51-56
2.	Kumari Shikha	Botany	B.Sc.Non.Med-I B.Sc.CS-I	101-112 & 151-153 201-211 & 226-232
3.	Sharanjit Kaur	Zoology	B.Sc.FD-I B.Sc.Med-II B.Sc.Non Med-II	1901-1904 801-803, 851 901-923
4.	Amrit Kaur	Chemistry	B.Sc.CS-II B.Sc.Eco.-II B.Sc.FD-II	976-981 1026-1029, 1051-52 1926-1929

			B.Sc.Med-III	1301-1314
5.	Jyoti Parkash	Chemistry	B.Sc.Non.Med-III B.Sc.CS-II	1401-1414 1476-1478, 1501-1503
6.	Sona Bansal	Physics	B.Sc.Eco.III B.Sc.FD-III	1526-1529 & 1551 1976-1989
7.	Nancy	Physics	BA-I	301-318 & 401-410
8.	Rajesh Kumar	English	BA-I	411-535
9.	Indu Ratti	Maths	BA-II	1076-1102
10.	Kishore Kumar	English	BA-II	1151-1179
11.	Nirmaljit Kaur	Punjabi	BA-III	1576-1588 & 1626-1630
12.	Navneet Kaur	Political Science	BA-III	1631-1649
13.	Vipan	Computer Sciences	BCA-I	3001-3014 & 3051-3057
14.	Gurwinder Singh	Gurwinder Singh	BCA-I BCA-II	3058-3067 3101-3112
15.	Munish Sudhir	Maths	BCA-II BCA-III	3151-3158 3201-3214 & 3251-3259
16.	Neelam Kumari	Computer Sciences	B.Com-I	2001-2026 & 2101-2104
17.	Tawinder Kaur	Economics	B.Com-I	2105-2135
18.	Kamaldeep Kaur	Commerce	B.Com-II	2201-2229
19.	Davinder Kaur	Commerce	B.Com-II	2276-2301
20.	Ravinder Kaur	Commerce	B.Com-III	2351-2374 & 2426-2430
21.	Nitika Rosha	Commerce	B.Com-III B.Com (H)-II	2431-2440 2501-2506 & 2551-2553
22.	Lovepreet Kaur	Commerce	B.Com (H)-III BBA-I	2601-2611 2701-14
23.	Sunidhi Miglani	Botany	BBA-II BBA-II	2751-2771 2801-07
24.	Sandeep Kaur	Maths	BBA-II	2808-2818 & 2851-64
25.	Harmanpreet Kaur	Maths	BBA-III B.Voc-II B.Voc.-III	2901-2908 & 2951-2959 4501 4551

26.	Baljit Kaur	History	DCA	4101-4109 & 4176-4227
27.	Onkar Sidhu	English	DCM DPA	4276-4288 4351-4360
28.	Shivani	English	DPA PGDCA	4376-4383 3301-3303 & 3326-3332
29.	Manmant Singh	Librarian	D.Lib.	4301 & 4326- 4335
30.	Amrit Kaur	Commerce	PGDFS PGFD M.Sc Cs-I	3401-3404 & 3426-3428 3351 3501-3505 & 3526-3529
31.	Pooja Rani	Punjabi	M.Sc. Math-I M.Sc. Math-II	1801-10 1851-1855 & 1876
32.	Isha Sharma	Computer Sciences	M.Sc. FD-I MA Pbi-I	3451-3462 & 3455 1701-1702 & 1726-1729
33.	Sakshi Devi	Fashion Desgn.	MA Eng-I MA Eng-II	3901-10 & 3926-3927 3951-3958 & 3976
34.	Poonam Rani	Sociology	MA Eco.-I M.Com-I	3801-3805 & 3826-3827 3601-3614 & 3651-3657
35.	Nitu	Home Science	M.Com-II	3701-3710 & 3751-3753
36.	Ritu	Fashion Design.	B.Sc. Med-III	1315-1351

3. List of Key Issues Addressed

During the interactive meetings, more emphasis is given on personal attention to each and every mentee. Detailed discussion is carried out with every student by the teacher, to identify the issues that need to be addressed properly. The students are encouraged to communicate their problems and feeling freely so that appropriate measures can be taken to enhance the overall development of the student. Efforts are made by the mentors to assist the mentees to excel in every field of life to become a responsible citizen. Keeping in mind, the interest and skills of the students, they are encouraged to participate in the co-curricular activities as well. Information regarding government schemes and policies relating to their career development is also provided so that they may get maximum benefits from

such schemes. Diverse issues are addressed based upon sharing as well as observance by the mentors so that students may perform well in academic and allied activities. The following are the major issues of the mentees that have been addressed by different mentors :-

Sr. No.	Mentoring Issues Addressed	Sr. No.	Mentoring Issues Addressed
1.	Ethics and Moral Values	6.	Impact of Online Study on Students Education
2.	Humanity	7.	E-Learning and E-Contents
3.	Problems of Social Change	8.	Gender Inequality
4.	Importance of Discipline in Life	9.	Pollution: Effect and Remedies
5.	Offline to Online Education	10.	Conversation of Plants and Animals

4. Any Outstanding Issues Addressed and Noticed - NIL

5. Follow up of Mentor Mentee Reports

Every teacher-mentor prepares a detailed report based upon the interaction with the mentees, which is submitted to the respective head of the department. After that, the heads of the departments submit these reports to Principal, who is the opposite authority for these reports. These reports have been further analysed in collective meeting/s between Principal and the heads of the departments, wherein different aspects and issues are thoroughly discussed. These reports were further utilized for :-

- a) Designing future academic and co-curricular plans for the comprehensive development of the students.
- b) Deciding a particular course of action, if acquired.

6. Decisions taken about the areas of Focus

The whole mentorship program focuses on friendly communication so that each and every aspect of the student may be observed in a fruitful manner. During the discussions, various focus areas are identified that require due attention to attain the objectives of this program. Accordingly, various centers and cells have been established in the college to fulfil the requirements of the students.

I. Career Advancement Cell

To provide the information and guidance, Career Advancement Cell has been guiding and preparing the mentees for appropriate career/s and thus making them job-ready. It includes

Competitive Examination Cell where highly competent, experienced and professionally qualified faculty members train the students for various reputed competitive exams.

II. Communication Skills Programs

To enhance the communication skills, Value Added courses in Spoken English which have been proving relatively effective in bridging the gap between the academic learning and communicative development in the mentees, hailing from rural/semi-urban areas. In-campus Coaching Classes for IELTS (International English Language Testing System) for the students aspiring to study abroad are also being imparted.

III. Stress Management

The issue of stress is common among the students. During the interaction, teacher-mentor conducts counselling sessions to ensure emotional well-being of the students. Motivational lectures, Yoga sessions and personal discussions are carried out to make the students free from stress. As a stress-busting exercise, Department of Music Vocal of our College also offered music sessions to students who were found to be in the nascent stage of stress.

IV. Involvement of Heads of Departments

To develop healthy mentor-mentee interactions, Heads of all Departments of the College have been involved in the mentor-mentee interaction process, hence, it was decided to involve the Heads of departments so that their experience and expertise in their respective fields could be utilized for generating yet more promising and enriching results. All Heads of departments also have already been acting as mentors guiding their distributed lot of mentees.

V. Awareness Regarding COVID Pandemic

As health crisis emerged in the form of Corona Virus, it is the need of the hour to create awareness among the students regarding precautions to be taken to combat the spread of virus. Students have been informed and guided to follow all the guidelines and instructions specifically maintaining social distancing, washing hands regularly, use of face mask etc..

7. Methods adopted to measure outcomes of mentor-mentee schemes for the session

The outcome of the mentor-mentee sessions was assessed by the performance level of the students in different activities including quizzes, group discussions, seminars, stage performances at cultural activities and assignments.